



Motto: *Eu sunt vița, voi sunteți mlădițele. Cel ce rămâne în Mine și Eu în el, acela aduce roadă multă, căci fără Mine nu puteți face nimic (IOAN, cap. 15, v. 5).*

Probleme propuse:

1. Fie numerele reale $a, b > 0$. Arătați că are loc dubla inegalitate:

$$1 + \frac{M}{(1+a)^2 \cdot (1+b)^2} \geq \frac{1+ab}{(1+a)^2} + \frac{1+ab}{(1+b)^2} \geq 1 + \frac{m}{(1+a)^2 \cdot (1+b)^2},$$

$$\text{unde } m = \min\{(a^2-1)^2, (b^2-1)^2\} \text{ și } M = \max\{(a^2-1)^2, (b^2-1)^2\}.$$

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Soluție

$$\text{Observăm că: } A = \frac{1+ab}{(1+a)^2} + \frac{1+ab}{(1+b)^2} - 1 = \frac{1+ab}{(1+a)^2} - \frac{b}{a+b} + \frac{1+ab}{(1+b)^2} - \frac{a}{a+b} =$$

$$= \frac{a+b+a^2b+ab^2-b-2ab-a^2b}{(1+a)^2 \cdot (a+b)} + \frac{a+b+a^2b+ab^2-a-2ab-b^2a}{(1+b)^2 \cdot (a+b)} =$$

$$= \frac{a(b-1)^2}{(1+a)^2(a+b)} + \frac{b(a-1)^2}{(1+b)^2(a+b)} = \frac{a(b^2-1)^2 + b(a^2-1)^2}{(a+b)(1+a)^2(1+b)^2} \Rightarrow$$

$$\Rightarrow A \geq \frac{(a+b)m}{(a+b)(1+a)^2(1+b)^2} = \frac{m}{(1+a)^2(1+b)^2} \text{ și}$$

$$A \leq \frac{(a+b)M}{(a+b)(1+a)^2(1+b)^2} = \frac{M}{(1+a)^2(1+b)^2}.$$

2. Fie numerele reale $a, b, c > 0$. Arătați că are loc inegalitatea:

$$\frac{(a+b) \cdot (b+c) \cdot (c+a)}{8abc} \geq \frac{1}{2} \left(\frac{a+c}{b+c} + \frac{b+c}{a+c} \right) + \left| \frac{a-c}{a+c} \cdot \frac{b-c}{b+c} \right|.$$

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Soluție

Se observă că putem scrie succesiv:
$$\frac{(a+b)(b+c)(c+a)}{8abc} - \frac{1}{2}\left(\frac{a+c}{b+c} + \frac{b+c}{a+c}\right) =$$
$$= \frac{(b+c)(c+a)}{8c}\left(\frac{1}{a} + \frac{1}{b}\right) - \frac{1}{2}\left(\frac{a+c}{b+c} + \frac{b+c}{a+c}\right) = \frac{(b+c)(c+a)}{8bc} - \frac{a+c}{2(b+c)} +$$
$$+ \frac{(b+c)(c+a)}{8ac} - \frac{b+c}{2(a+c)} = \frac{a+c}{8bc(b+c)}(b-c)^2 + \frac{b+c}{8ac(a+c)}(a-c)^2 \geq$$
$$\geq \frac{(a+c)(b-c)^2}{2(b+c)^3} + \frac{(b+c)(a-c)^2}{2(a+c)^3} \geq \sqrt{\frac{(a+c)(b-c)^2}{(b+c)^3} \cdot \frac{(b+c)(a-c)^2}{(a+c)^3}} = \left| \frac{b-c}{b+c} \cdot \frac{a-c}{a+c} \right|.$$

3. Fie numerele reale $a, b, c > 0$.

Arătați ca are loc

inegalitatea:
$$\frac{(a+b)(b+c)(c+a)}{8abc} \geq \frac{1}{2} + \frac{1}{3}\left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}\right) + \frac{a+b+c}{12abc} \cdot$$
$$\min\{(a-b)^2, (b-c)^2, (c-a)^2\}.$$

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Soluție

Folosim egalitatea de la problema precedentă

$$\frac{(a+b)(b+c)(c+a)}{8abc} - \frac{1}{2}\left(\frac{a+c}{b+c} + \frac{b+c}{a+c}\right) = \frac{a+c}{8bc(b+c)}(b-c)^2 + \frac{b+c}{8ac(a+c)}(a-c)^2. \text{ Vom}$$

obține:

$$3\frac{(a+b)(b+c)(c+a)}{8abc} = \frac{1}{2}\left(\frac{a+c}{b+c} + \frac{b+c}{a+c}\right) +$$
$$+ \frac{1}{2}\left(\frac{b+a}{c+a} + \frac{c+a}{b+a}\right) + \frac{1}{2} + \left(\frac{c+b}{a+b} + \frac{a+b}{c+b}\right) + \frac{(a+c)(b-c)^2}{8bc(b+c)} + \frac{(b+c)(a-c)^2}{8ac(a+c)} +$$
$$+ \frac{(b+a)(c-a)^2}{8ca(c+a)} + \frac{(c+a)(b-a)^2}{8ba(b+a)} + \frac{(c+b)(a-b)^2}{8ab(a+b)} + \frac{(a+b)(c-b)^2}{8cb(c+b)} =$$
$$= \sum \frac{a+b+2c}{2(a+b)} + \sum \frac{(a+b+2c)(a-b)^2}{8ab(a+b)} = \sum \left(\frac{1}{2} + \frac{c}{a+b}\right) + \sum \frac{(a+b+2c)(a-b)^2}{8ab(a+b)} =$$
$$= \frac{3}{2} + \sum \frac{c}{a+b} + \sum \frac{(a+b+2c)(a-b)^2}{8ab(a+b)} = \frac{3}{2} + \sum \frac{c}{a+b} + \sum \frac{\left(c + \frac{2c^2}{a+b}\right)(a-b)^2}{8abc} \geq$$

$$\begin{aligned} &\geq \frac{3}{2} + \sum \frac{c}{a+b} + \frac{m}{8abc} \left(\sum a + 2 \sum \frac{c^2}{a+b} \right) \geq \frac{3}{2} + \sum \frac{c}{a+b} + \frac{m}{8abc} (\sum a + \sum a) = \\ &= \frac{3}{2} + \sum \frac{c}{a+b} + \frac{m \sum a}{4abc} \Rightarrow \\ &\Rightarrow \frac{(a+b)(b+c)(c+a)}{8abc} \geq \frac{1}{2} + \frac{1}{3} \left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \right) + \frac{m(a+b+c)}{12abc}. \end{aligned}$$

Am folosit inegalitatea: $\sum \frac{a^2}{b+c} \geq \frac{a+b+c}{2}$.

4. Arătați că pentru orice $a, b > 0$ are loc dubla inegalitate:

$$\frac{a+b}{2} \geq \frac{a+b}{2} \left(\frac{2ab}{a^2+b^2} \right)^r \geq \sqrt{ab} \text{ dacă și numai dacă } r \in \left[0, \frac{1}{4} \right].$$

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Soluție

Pentru orice $a, b > 0$ are loc inegalitatea: $\frac{a+b}{2} \geq \frac{a+b}{2} \left(\frac{2ab}{a^2+b^2} \right)^r \Leftrightarrow$

$\Leftrightarrow \left(\frac{a^2+b^2}{2ab} \right)^r \geq 1 \Leftrightarrow r \geq 0$. Vom arăta că pentru orice $a, b > 0$ are loc inegalitatea:

$$\frac{a+b}{2} \left(\frac{2ab}{a^2+b^2} \right)^r \geq \sqrt{ab} \quad \mathbf{(1)} \Leftrightarrow r \leq \frac{1}{4}.$$

Inegalitatea **(1)** se scrie astfel: $\left(\frac{2ab}{a^2+b^2} \right)^r \geq \frac{2\sqrt{ab}}{a+b}, (\forall) a, b > 0 \Leftrightarrow$

$$\Leftrightarrow \left(\frac{a^2+b^2}{2ab} \right)^r \leq \frac{a+b}{2\sqrt{ab}}, (\forall) a, b > 0 \Leftrightarrow \left(\frac{a^2+b^2}{2ab} \right)^{2r} \leq \frac{(a+b)^2}{4ab}, (\forall) a, b > 0 \Leftrightarrow$$

$$\Leftrightarrow \left(1 + \frac{(a-b)^2}{2ab} \right)^{2r} - 1 \leq \frac{(a-b)^2}{4ab}, (\forall) a, b > 0 \Rightarrow \frac{\left(1 + \frac{(a-b)^2}{2ab} \right)^{2r} - 1}{\frac{(a-b)^2}{2ab}} \leq \frac{1}{2}, (\forall) a, b > 0,$$

$$a \neq b \Rightarrow \frac{\left(1 + \frac{x^2}{2(a+x)a} \right)^{2r} - 1}{\frac{x^2}{2(a+x)a}} \leq \frac{1}{2}, (\forall) a, x > 0 \Rightarrow \lim_{x \searrow 0} \frac{\left(1 + \frac{x^2}{2a(a+x)} \right)^{2r} - 1}{\frac{x^2}{2a(a+x)}} \leq \frac{1}{2} \Rightarrow$$

$$\Rightarrow 2r \leq \frac{1}{2} \Rightarrow r \leq \frac{1}{4}.$$

Reciproc: dacă $r \leq \frac{1}{4} \Rightarrow \left(\frac{2ab}{a^2+b^2}\right)^r \geq \left(\frac{2ab}{a^2+b^2}\right)^{\frac{1}{4}} \geq \frac{2\sqrt{ab}}{a+b}, (\forall) a, b > 0$, deoarece

$$\text{inegalitatea } \sqrt[4]{\frac{2ab}{a^2+b^2}} \geq \frac{2\sqrt{ab}}{a+b} \text{ se scrie } \frac{2ab}{a^2+b^2} \geq \frac{16a^2b^2}{(a+b)^4} \Leftrightarrow$$

$$\Leftrightarrow (a+b)^4 \geq 8ab(a^2+b^2) \Leftrightarrow (a^2+b^2+2ab)^2 \geq 8ab(a^2+b^2) \Leftrightarrow (a^2+b^2-2ab)^2 \geq 0.$$

5. Arătați că pentru orice $a, b > 0$ are loc dubla inegalitate:

$$\frac{a+b}{2} \geq \left(\frac{a^2+b^2}{2ab}\right)^r \cdot \sqrt{ab} \geq \sqrt{ab} \Leftrightarrow r \in \left[0, \frac{1}{4}\right].$$

Ion Bursuc, profesor, Suceava

Soluție

Vom arăta că are loc inegalitatea $\frac{a+b}{2} \geq \left(\frac{a^2+b^2}{2ab}\right)^r \sqrt{ab}, (\forall) a, b > 0 \Leftrightarrow$

$$\Leftrightarrow r \leq \frac{1}{4}.$$

Dacă: $\frac{a+b}{2} \geq \left(\frac{a^2+b^2}{2ab}\right)^r \sqrt{ab}, (\forall) a, b > 0$, atunci ea se scrie astfel: $\frac{a+b}{2\sqrt{ab}} \geq \left(\frac{a^2+b^2}{2ab}\right)^r,$

$$(\forall) a, b > 0 \Leftrightarrow \frac{(a-b)^2}{4ab} \geq \left(\frac{a^2+b^2}{2ab}\right)^{2r} - 1, (\forall) a, b > 0 \Leftrightarrow$$

$$\Leftrightarrow \frac{1}{2} \geq \frac{\left(1 + \frac{(a-b)^2}{2ab}\right)^{2r} - 1}{\frac{(a-b)^2}{2ab}}, (\forall) a, b > 0 \Rightarrow$$

$$\Rightarrow \frac{1}{2} \geq \lim_{x \searrow 0} \frac{\left(1 + \frac{x^2}{2a(a+x)}\right)^{2r} - 1}{\frac{x^2}{2a(a+x)}} = 2r \Rightarrow r \leq \frac{1}{4}.$$

Reciproc:

Pentru $r = \frac{1}{4}$ inegalitatea $\frac{a+b}{2} \geq \left(\frac{a^2+b^2}{2ab}\right)^{\frac{1}{4}} \sqrt{ab}, (\forall) a, b > 0$ devine:

$$\frac{(a+b)^4}{16} \geq \frac{a^2+b^2}{2ab} a^2 b^2, (\forall) a, b > 0 \Leftrightarrow (a+b)^4 \geq 8 \cdot ab(a^2+b^2), (\forall) a, b > 0 \Leftrightarrow$$

$$\Leftrightarrow (a-b)^4 \geq 0, (\forall) a, b > 0.$$

Pentru $r \leq \frac{1}{4}$ inegalitatea $\frac{a+b}{2} \geq \left(\frac{a^2+b^2}{2ab}\right)^r \sqrt{ab}, (\forall) a, b > 0$ este adevarată

deoarece $\frac{a+b}{2} \geq \left(\frac{a^2+b^2}{2ab}\right)^{\frac{1}{4}} \sqrt{ab} \geq \left(\frac{a^2+b^2}{2ab}\right)^r \sqrt{ab}, (\forall) a, b > 0.$

Inegalitatea din partea dreaptă are loc $\Leftrightarrow r \geq 0.$

6. Demonstrați dubla inegalitate:

$$\frac{a+b}{2} \geq \frac{a+b}{2} \cdot \sqrt{\frac{(a+b)^2}{2(a^2+b^2)}} \geq \sqrt{ab}, (\forall) a, b > 0. \text{ și arătați că dacă}$$

$$\frac{a+b}{2} \geq \frac{a+b}{2} \left(\frac{(a+b)^2}{2(a^2+b^2)}\right)^r \geq \sqrt{ab}, (\forall) a, b > 0, \text{ atunci } r \leq \frac{1}{2}.$$

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Soluție

Inegalitatea $\frac{a+b}{2} \geq \frac{a+b}{2} \sqrt{\frac{(a+b)^2}{2(a^2+b^2)}}$ este evident adevarată deoarece :

$$(a+b)^2 \leq 2(a^2+b^2), (\forall) a, b > 0.$$

Inegalitatea din partea dreaptă se scrie astfel: $\frac{(a+b)^2}{4} \cdot \frac{(a+b)^2}{2(a^2+b^2)} \geq ab, (\forall) a, b > 0 \Leftrightarrow$

$$\Leftrightarrow (a+b)^4 \geq 8ab(a^2+b^2), (\forall) a, b > 0 \Leftrightarrow (a-b)^4 \geq 0, (\forall) a, b > 0.$$

Dacă $\frac{a+b}{2} \left(\frac{(a+b)^2}{2(a^2+b^2)}\right)^r \geq \sqrt{ab}, (\forall) a, b > 0$, atunci $\left(\frac{2(a^2+b^2)}{(a+b)^2}\right)^r \leq \frac{a+b}{2\sqrt{ab}}, (\forall) a, b > 0$

$$\Leftrightarrow \left(1 + \frac{(a-b)^2}{(a+b)^2}\right)^{2r} - 1 \leq \frac{(a-b)^2}{4ab}, (\forall) a, b > 0 \Rightarrow \frac{\left(1 + \frac{x^2}{(2a+x)^2}\right)^{2r} - 1}{\frac{x^2}{(2a+x)^2}} \leq \frac{(2a+x)^2}{4a(x+a)},$$

$$(\forall) a, x > 0 \Rightarrow \lim_{x \rightarrow \infty} \frac{\left(1 + \frac{x^2}{(2a+x)^2}\right)^{2r} - 1}{\frac{x^2}{(2a+x)^2}} \leq \lim_{x \rightarrow \infty} \frac{(2a+x)^2}{4a^2 + 4ax} \Rightarrow 2r \leq 1 \Rightarrow r \leq \frac{1}{2}.$$

7. Demonstrați că pentru orice $a, b, c > 0$ are loc inegalitatea:

$$\frac{(a+b)(b+c)(c+a)}{8abc} \geq \frac{(a+c)(b^2+c^2)}{(b+c)^3} + \frac{(b+c)(a^2+c^2)}{(a+c)^3} + \frac{(a-c)^2(b-c)^2}{(a+c)^2(b-c)^2}.$$

Ion Bursuc, profesor, Suceava

Soluție

$$\begin{aligned} \text{Deoarece } \frac{(a+b)(b+c)(c+a)}{8abc} &= \frac{(b+c)(c+a)}{8c} \left(\frac{1}{a} + \frac{1}{b} \right) = \\ &= \frac{(b+c)(c+a)}{8ac} + \frac{(b+c)(c+a)}{8bc} \text{ putem scrie: } \frac{(a+b)(b+c)(c+a)}{8abc} - \frac{(a+c)(b^2+c^2)}{(b+c)^3} - \\ &- \frac{(b+c)(a^2+c^2)}{(a+c)^3} = \frac{(b+c)(c+a)}{8bc} - \frac{(a+c)(b^2+c^2)}{(b+c)^3} + \frac{(b+c)(c+a)}{8ac} - \frac{(b+c)(a^2+c^2)}{(a+c)^3} = \\ &= (a+c) \frac{\left((b+c)^4 - 8bc(b^2+c^2) \right)}{8bc(b+c)^3} + (b+c) \frac{\left((a+c)^4 - 8ac(a^2+c^2) \right)}{8ac(a+c)^3} = \\ &= \frac{(a+c)(b-c)^4}{8bc(b+c)^3} + \frac{(b+c)(a-c)^4}{8ac(a+c)^3} \geq \frac{(a+c)(b-c)^4}{2(b+c)^5} + \frac{(b+c)(a-c)^4}{2(a+c)^5} \geq \\ &\geq \sqrt{\frac{(b-c)^4(a-c)^4}{(b+c)^4(a+c)^4}} = \frac{(b-c)^2(a-c)^2}{(b+c)^2(a+c)^2}, \text{ de unde rezultă inegalitatea din enunț.} \end{aligned}$$